





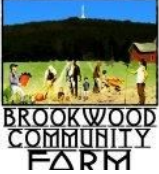







Community Service: Approved Non-Profit Organizations/Clubs/Events 2019-2020

	<p>1000 Southern Artery is Senior Housing for more than 700 residents. Opportunities to serve and volunteer include:</p> <ul style="list-style-type: none"> *Dinner service and/or clean-up: 3:30-6:00 (one to two students at a time—varied days, Mon-Fri); *Assisting with special events as needed/scheduled. <p>Please call Linda Roach, Activities Director, at 617-471-1000 for more information.</p>
<p style="text-align: center;">Adams National Historical Park</p>	<p>Stay tuned for information on the annual April Picnic in the Park event!</p>
 <p style="text-align: center;">AMERICAN CANCER SOCIETY RELAY FOR LIFE – Braintree, Quincy, Randolf, Milton</p>	<p>Saturday June 13th, 2020 beginning at 11am @ Braintree High School. See Community Service Coordinator for more information on how to join/start a team or volunteer beginning in May, 2020!! Or click here to donate or get involved!</p>
<p style="text-align: center;">BEECHWOOD KNOLL ELEMENTARY</p>	<p>Beechwood Knoll Elementary PTO Harvest Fair is scheduled for October 19, 2020. See their website on how to volunteer or help out! http://bkspto.weebly.com/</p>
	<p>Join the Best Buddies Milton 5K Gobbler Saturday, before Thanksgiving. 8 a.m. – 12 p.m. Walk and raise funds! See Ms. Ginty at NQHS or Ms. Coady at QHS for details.</p>
	<ol style="list-style-type: none"> 1) Childcare needed at PTO meetings. Dates will be posted at both high schools. 2) Help with annual Spring Fling – stay tune for dates. <p>See Ms. Coady at QHS or Ms. Ginty at NQHS for more information.</p>
	<p>A non-profit organization, creates and facilitates volunteer service projects each month, working with a large variety of non-profit agencies in Greater Boston.</p> <p>Visit: bostoncares.org</p>
 <p style="text-align: center;">BCNC – Quincy Youth Center 1458 Hancock Street, 3rd Floor, Quincy, MA 02171</p>	<p>BCNC- Quincy Youth Center is looking for youth leaders to join their “You Lead” leadership program.</p> <p>If you’re interested, call 617-770-0091x 1090 or email Sammy Wong sammy.wong@bcnc.net</p>

<p>Bridge to Reading (Quincy Public Schools Summer Opportunity)</p>	<p><u>Summer Bridge Reading Program</u></p> <p>Stay tuned for summer, 2020 details!</p> <p>Contact: Deirdre Murphy (617) 984-8791 deirdremurphy@quincypublicschools.com</p>
<p>BROOKWOOD COMMUNITY FARM</p> 	<p>Gardening and farming opportunities at Brookwood Community Farm. Visit your community service coordinator for specific service dates throughout the year or visit Brookwood's website Faculty Advisor: Ms. Krieger, QHS, Science For more details: visitit https://brookwoodcommunityfarm.org/get-involved/ or email volunteer@brookwoodcommunityfarm.org</p>
<p>Cause 4 Paws 5K Quincy Animal Shelter Fundraiser</p>	<p>This family- and pet-friendly event will include many fun activities and medals will be awarded in multiple race categories. It is an annual 5k run or walk to benefit the Quincy Animal Shelter. Usually held second saturday in October. See Community Service Coordinators for ways to help and for exact date as October approaches.</p> <p>email cause4paws@quincyanimalshelter.org for ways to help now!</p>
<p>CENTRAL MIDDLE SCHOOL</p> 	<p>Central will be seeking help for their science fair, theatre productions, etc. Stay tuned for details.</p>
 <p>City of Presidents 5K Run/Walk (In Memory of Emily Zarnoch)</p>	<p>Sunday September 29th, 2019 Race starts at 9:30am</p> <p>Run or Walk on race day (Student Rate is \$10) Or, assist with registration the day before, or various set-up and clean-up duties on race day.</p> <p>Please see Ms. Ginty at NQHS or Ms. Coady at QHS to sign-up or visit website to register at https://racewire.com/register.php?id=11083</p>
 <p>CLEANER, GREENER, QUINCY</p>	<p>Join the Quincy Parks Department for various cleaning opportunities.</p> <p>Cleaner Greener Quincy is the first Saturday in May. Stay tuned for details.</p> <p>Sign up with Ms. Coady at QHS, or Ms. Ginty @ NQHS.</p>
	<p>Individuals, families and groups are welcome to volunteer.</p> <p>However, ANY STUDENT UNDER 18 must have an adult with them. See http://cradlestocrayons.org/boston/volunteer for additional details.</p>
	<p>D.A.R.E. AFTER SCHOOL PROGRAMS AT THE ELEMENTARY SCHOOLS Help mentor and educate 5th grade students about the consequences of, and alternatives to, drug and alcohol abuse. 3:30-5:30p.m., from November-January and April-June (usually 1 or 2 programs scheduled per week...none scheduled on weekends/holidays/school vacations). Applicants will be interviewed by Officer Don Sautter and Officer Mellanie Reeves. Contact Officers Sautter and Reeves at 617-745-5735, or dsautter@quincyma.gov.</p>

	<p>Join us for the 5th Annual Run/Walk and Kid Fun Run in memory of QHS alumna Claire "Joni" Brennan's Foundation. Saturday, September 14, 2019 @ Pageant Field, Race time at 10am \$15 includes t-shirt, water bottle and post-race cookout. Volunteers should contact Patti Callahan at: pfc02170@yahoo.com Visit FeelTheBeatFoundation.org for details or see Ms. Ginty at NQHS or Ms. Coady at QHS.</p>
	<p>Future Chefs offers opportunities to volunteer at food-related fundraising events, however, this is a big time commitment by any student volunteer who MUST BE A MEMBER.</p> <p>Contact: Chef Noe, QHS, Culinary Department.</p>
	<p>Team Up with Friends of the Blue Hills to Green Up the Blue Hills in June, 2020!</p> <p>Additional events will be advertised as they become available. For more information go to: www.FriendsoftheBlueHills.org</p>
<p>GERMANTOWN NEIGHBORHOOD CENTER (a part of the YMCA)</p> <p>366 Palmer Street Quincy, MA02169</p>	<p>Various opportunities after school, weekends, holidays and school vacations.</p> <p>Contact: dcjames@ssymca.org</p>
 <p>1 Linden Street, Wollaston www.gbccs.org</p> <p>Once a leader, always a leader. No matter where you are.</p>	<p>Uplift Afterschool Program</p> <p>Uplift Afterschool program is inviting high school leaders to join our Lead n' Serve (LnS) corps.</p> <p>This is the right kind of place for individuals who are looking to prove their leadership skills, expand career network, develop job expertise in practical work settings, and to enhance already-impressive resumes for college applications.</p> <p>For our more experienced leaders, LnS also provides academic workshops, career related trainings, and job opportunities.</p> <p>Contact: marco.yan@gbccs.org or gbccs.quincy@gmail.com recruitment@gbccs.org</p>
	<p>Visit website at: http://gbfb.volunteerhub.com.</p>
<p>Harry Potter Extravaganza</p>	
	<p>Visit https://sshabitat.org/ for more information</p>



Entering its 18th year of promoting DESIGNATED DRIVING. Students are encouraged to raise awareness and funds locally. Consider creating a team to do so. See your Community Service Advisor for assistance.



HOLLY HILL FARM – Opportunities through mid-November, 2019:
 Fridays from 3-5 and Saturday mornings from 9-12.
 Must be scheduled in advance -- a minimum of 4 students is suggested.
 Duties to include but not limited to: making compost, weeding, barnyard and garden chores, and growing and delivering fresh organic produce to local food pantries.
 Visit: www.hollyhillfarm.org for particulars about Holly Hill Farm’s mission and offerings.
 Contact (to be made BY STUDENT): Jon Belber, 781-383-6565.
 Email: jbelberhollyhill@hotmail.com
 *check back for opportunities beginning in March of 2019 (weekends and school vacation hours will be offered).

HOUGHS NECK CHOWDAFEST



Volunteers are needed for the 15th annual Hough’s Neck ChowdaFest being held Saturday, September 14th from 1:30-6 PM (Hough’s Neck Maritime Center 137 Bayview Ave Quincy)
 There are many opportunities to help with setup, cleanup, serving & general tasks throughout the day. Students who volunteer will also get a meal voucher for helping out!
 Students can sign-up and inquire further by contacting Jill Hockney at 617-548-2823

HOUGHS NECK COMMUNITY CENTER

Student volunteers are needed to help with after school art projects, computer work and senior outreach.
 Volunteers also are needed for a variety of specific projects and dates.
 Contact: For more information, and to schedule a time to visit contact Cynthia Lewis at seapeony@comcast.net



1120 Hancock St.

Stay tuned for updated details for Impact Quincy.
 email info@baystatecs.org for more info



INTERFAITH SOCIAL SERVICES – 105 Adams Street, Quincy.
 During the school year: Thrift Shop on Tuesdays from 3:30 to 7pm
 Limited positions are available for food pantry or thrift shop work during school vacations (December, February, April, and summer). Four positions are available for each shift offered.
 Pantry hours :Monday-Friday 9:30 am-3:00 pm
 Thrift Shop hours are Monday-Friday 12:30-3:30 pm.
 Volunteers are also needed from 8:00 a.m. to 2:00 p.m. for the STOP THE SIGMA 5K, in April of 2020.
 Visit: www.interfaithsocialservices.org for more details.
 Contact (to be made BY STUDENT):
 Paula Daniels at 617-773-6203 x28.
 Email: pdaniels@interfaithsocialservices.org



Quincy students and their families raised record funds for the JDRF 2016 Walk!
 While there is not an official Walk scheduled for Quincy, know that volunteer work with the JDRF in other communities is still encouraged.
 visit <https://www.jdrf.org/newengland/>

<p>Lincoln Hancock Elementary School</p> <p>300 Granite St. Quincy</p>	<p>Help the Lincoln Hancock PTO!</p> <p>Lincoln Hancock Library Volunteers are needed after school on Mondays, Wednesdays, Thursdays, and Fridays until 4 p.m.</p> <p>Contact: patriciamorrissey@quincypublicschools.com</p> <p>Before school opportunity to help elementary-age students. Contact Principal Witmer at ruthwitmer@quincypublicschools.com.</p>
	<p>MANET COMMUNITY HEALTH CENTER 110 West Squantum Street, North Quincy</p> <p>Volunteers needed for light office tasks and events. After school and vacation hours available. Contact Sandra McGunigle at 617-404-4112 or smcgunigle@manetchc.org</p>
	<p>Massachusetts Association for the Blind and Visually Impaired.</p> <p>YOU MUST BE 18 AND ACCOMPANIED BY AN ADULT TO VOLUNTEER HERE. Opportunity includes reading or shopping with a blind person in your area.</p> <p>check out opportunities at https://www.mabvi.org/</p>
	<p>This is a wonderful weeklong, life-changing volunteer opportunity! Help youth with muscular dystrophy enjoy a week at summer camp in MAINE!!! You must be at least 17 years old.</p> <p>August of 2019.</p> <p>For details, visit your community service coordinator.</p>
	<p>Stay tuned for announcements regarding the Muscle walk in early May 2020, or call 508-898-3375 or worcester@mdausa.org for more info.</p>
 <p>MONTCLAIR ELEMENTARY SCHOOL</p>	<p>Montclair Holiday Shopping Expo at Quincy High School. Saturday, November of 2018 – stay tuned for exact date.</p> <p>Opportunities include helping vendors and crafters with set-up from 8-10 a.m. and help during the sale hours from 10-3, and help with the clean-up from 3-5.</p> <p>Interested students can contact: holidayshoppingexpo@yahoo.com</p>
	<p>Community Service Opportunities are available through the Athletic Department at North Quincy High.</p> <p>NOTE: Interested candidates can NOT be a member of the team being assisted.</p> <p>See Athletic Director, Mr. Niamke for details.</p>

POINT WEBSTER
MIDDLE SCHOOL



SPORTS: help with cross country, volleyball, swimming, track or other sports during their season.

Contact: Ms. Barrett at:

christinebarrett@quincypublicschools.com

ROBOTICS: offered in the fall, winter and spring. Looking for 1-4 hour/week commitment.

HOMEWORK OR ACADEMIC SUPPORT:

Monday-Thursday, after school, 1-2 hour per week commitment:

Contact: Ms. Barrett at:

christinebarrett@quincypublicschools.com

SCIENCE FAIR JUDGES – Annual event in April, 2019. Stay tuned for exact date.

Point Webster Middle School Fun Walk/Run – stay tuned for April date!



Prison Book Program

c/o United First Parish Church

1306 Hancock Street, Ste. 100

Quincy MA 02169

prisonbookprogram.org

Contact: volunteer@prisonbookprogram.org, or call 617-423-3298 with questions or to schedule a group

Prison Book Program (PBP) mails books to prison inmates that support their educational, vocational and personal development, which helps them avoid recidivism after their release. Prison Book Program is one of a small number of non-profit organizations with a single focus on enabling literacy and personal development, and therefore educational opportunities for prisoners and are proud to be based in Quincy.

PBP also aims to provide a quality volunteer experience that introduces citizens to issues surrounding the American prison system and the role of education in reforming it.

PBP hosts volunteer shifts during the evening every Tuesday and Thursday from 6:30-9:00pm. PBP also hosts a volunteer workday one Saturday per month 10:00am-4:00pm from September-June. Individuals and volunteer groups (of 5-10) assist in sending books to prisoners by filling prisoners' requests for books received through mail with books from the donated book inventory and then preparing them to be mailed. Volunteers generally stay 1.5-2.5 hours.

Please check our website for more information on donating books and for our Saturday dates. Individuals can drop in during volunteer shifts. Groups are asked to schedule ahead.

Like many of our community partners, Prison Book Program is often on-site for our community service fairs.

PROMISES FOR
PURPLE PANCREATIC
CANCER WALK



We are continuing our 2019 fundraising efforts through our website and social media, and plan on continuing the walk in November 2020, all to support pancreatic cancer research at Dana-Farber Cancer Institute. Stay tuned!

This Walk begins and ends at Braintree High School. Walk starts at 1 p.m., but help is needed before, during, and after the Walk.

Please contact: desireetroy@quincypublicschools.com



QCARE is looking for volunteers to work with kids ages 5-13 at our After School Programs and at our Summer Program. If you are at least 15 years old, a sophomore in high school or older, and

you enjoy interacting and working with children, contact Angela at

angela@quincyafterschool.org

617-773-3299

QUINCY ANIMAL SHELTER



Quincy Animal Shelter is a non-profit and all-volunteer led Animal Shelter, dedicated to the Rescue and Adoption of abandoned dogs and cats from the local community and beyond. There are multiple ways to help us help our animals. There are age and insurance restrictions for many of the daily hands-on activities within the shelter. Below is a brief list of ways students can help us. We hope that this inspires you. We welcome new ideas as well as:

1. Volunteering at our Annual Fund Raisers. Cause 4 Paws, held the third Sunday of October at DCR's Squantum Point Park, is a great way to help us. You can work in teams and individually. Keep a look out for a sign up sheet. We welcome any type of creative support in preparing for the event day. Creative ability is welcome helping with flyers and posters photography--you name it. You are even welcome to set up a high school booth at our family friendly event.
2. It costs a lot of money to care for our animals. Individual fundraising activities are always welcome.
3. We welcome any CREATIVE projects where you can make something to beautify our space or events: Metal Shop Art or Graphics design support for flyers and promotions. Even new outfits for our mascots through the fashion design program. We are happy to work with you to find a project that matches your skills and our needs
4. Help us spread our mission to rescue and Adopt as an option for pet ownership. Visit the Quincy Animal Shelter website for details.

Quincy Art Association



Quincy Art Association Presents:
22nd Annual Arts Fest
Saturday Sept 28th and 29th (9am-5pm) @ Adams Field.
Looking for volunteers to:

- Face paint
- Work kids craft tent
- Work bouncy houses

If interested, email quincyartsfest@gmail.com with:

- 1) name
- 2) school
- 3) time you want to work
- 4) preferred volunteer job

QUINCY ASIAN RESOURCES



QARI is recruiting for its U&I Mentoring program. This is open to 11th and 12th grade students. Program involves mentoring a 7th or 8th grade English Language Learner (ELL) student from either Atlantic or Central Middle Schools. Interested students should contact Kate at Katie@quincyasianresources.org

Details for August Moon and Lunar New Year Festival can be obtained from Helen at Helen@quincyasianresources.org.

PLEASE SEE PETER AT QUINCY ASIAN RESOURCES TO OBTAIN HIS SIGNATURE ON YOUR VERIFICATION OF COMMUNITY SERVICE FORM.

Additional Contact if needed: peter@quincyasianresources.org

**Quincy CAN
(Climate Action Network)**

QCAN has opportunities every month for students to assist with tabling, flyers, event setup, filming and editing local energy-related television segments, website, calendar, and social media announcements. We host events at the Thomas Crane Library and provide information at major city events such as the Lunar New Year and August Moon festivals.



We would love to work with dedicated, responsible students who are interested in working with QCAN toward our energy and environment goals in Quincy.

Email info@quincycan.org and check us out at www.quincycan.org for more information.

QUINCY CAREER CENTER
1515 Hancock Street

Ideal candidates will participate in assisting adult learners in creating emails, browsing the Internet, applying for online applications, becoming familiar with the state job search engines.

Mass Jobquest and any other basic computer questions. Skills in Word with emphasis utilizing the home ribbon (fonts, bullets, cut & paste, centering) are also necessary.

The center is open from 8:30 a.m. – 4:30 p.m., Monday, Wednesday, Thursday, and Friday.

Also open on Tuesdays from 9:30 a.m. – 4:30 p.m.

Contact: Anastasia Medrano, amedrano@pqcc.org



QUINCY COMMUNITY UNITED METHODIST CHURCH
40 Beale Street

HARRY POTTER HALLOWEEN EVENT on Oct 26, 2019

Volunteers needed to play Harry Potter characters, Quidditch team players, setting up/decorating, creating props, assisting with Hogwarts classes and post event clean-up.

Details on Facebook at "Annual Harry Potter Halloween Party."

High School Orientation is on Sunday 9/15/19 @ 11:45 am and Sunday 9/22/19 @ 11:45 am

Interested students should see Ms. Ginty at NQHS or Coady at QHS.

QUINCY COUNCIL ON AGING
KENNEDY CENTER

440 E. Squantum Street
Quincy, MA 02171

The Kennedy Center is a center for senior information and activities.

Stay tuned for coming opportunities!

Contact: Marie Ferent at 617-376-1245



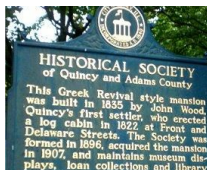
Quincy High Athletic Department

Community Service Opportunities are available through the Athletic Department at Quincy High.

NOTE: Interested candidates can NOT be a member of the team being assisted.

See the Athletic Office for details.

QUINCY
HISTORICAL
SOCIETY



Request for opportunities has been made.



Quincy Track Club offers a variety of volunteer opportunities.

If interested, contact Director, Geoff Hennessy, at 617-510-1456, or henndog89@netscape.net

Stay tuned for details to serve with Quincy Track Club at the 10K Women's Run on Columbus Day.



Quincy Youth Lacrosse is looking for high school volunteers to assist with the younger teams (both girls and boys) in the spring and winter.

Interested in helping out? Contact Chris Nichol at chrisnichol73@gmail.com



Quincy Youth Baseball & Softball is a non-profit, all volunteer organization. The sole purpose of Quincy Youth Baseball & Softball is to provide quality recreation for the youth of Quincy.

New for 2017: Bambino Buddy-Ball (be a buddy for players ages 5-19 with physical or mental challenges)
Visit quincybuddyball@gmail.com

High school volunteers needed at:
Softball clinics at Marina Bay Sportsplex
11:00 am every Sunday ---- See Coach Sommers @ QHS



QYS High School contacts:

U6 First Kicks program- Kelly Cobble
cobblekle@gmail.com
<http://www.quincyyouthsoccer.com/-u6-first-kicks.html>

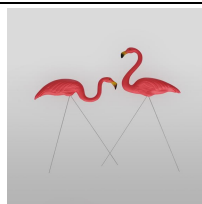
TOPS soccer program- Dana Santilli
Coachsantilli67@gmail.com
<http://www.quincyyouthsoccer.com/topsoccer.html>

or email to Quincyyouthsoccer@Hotmail.com



Help the Salvation Army by hosting a clothing drive at your school.

See your community service coordinator for details!










SENIOR-NIGHT-OUT FLOCKING FUNDRAISER

Raise funds for senior night out by "flocking."

Flocking is organized by NQHS and QHS PTO groups.

See Ms. Ginty at NQHS or Ms. Coady at QHS for contact details.

<p>SCA (Student Conservation Association) Massachusetts AmeriCorps Trail Work Project</p>	<p>SCA is hoping to offer another February school vacation event – stay tuned!</p> <p>(contact: Jessica Harwood at jharwood@thesca.org, 413-339-6631.)</p>
 <p>SNUG HARBOR ELEMENTARY SCHOOL</p>	<p>*Snug's Fall Festival is Coming in October 2020! Stay tuned for more details.</p> <p>*Student volunteers are needed to help out in the library. When: everyday afterschool, 3-4:00 p.m. Contact: Mr. Marani at 617-984-8763.</p> <p>*Movie Nights!!! Stay tuned for Friday evening events. *Family Math Night!!! Stay tuned for spring date.</p>
 <p>South Cove Manor at Quincy Point Rehabilitation Center 中華頤養院康復中心</p>	<p>South Cove Manor at Quincy Point offers community service and volunteer opportunities, however if you are under 18, you must have a guardian with you.</p> <p>Assist with recreational group activities, holiday events, Friday special events, and more. You must be 18 years old or accompanied by your guardian to volunteer.</p> <p>Visit South Cove's website at: southcovemanor.com</p>
<p>SPECIAL OLYMPICS MASSACHUSETTS</p> 	<p>Opportunities abound!</p> <p>Contact: Your community service coordinators or Mr. McHugh at: danielmchugh@quincypublicschools.com</p>
<p>SQUANTUM ELEMENTARY SCHOOL</p>	<p>Looking for a few responsible students to water and work the gardens in the new outdoor classroom space behind Squantum School. Early hours or late afternoon hours preferred for watering.</p> <p>Email: stephensylvia@quincypublicschools.com if interested and for more details!</p>
<p>SouthWest Middle School</p>	<p>OPPORTUNITIES FOR VOLUNTEERS INCLUDE: mentoring; helping with various sports teams and homework club.</p> <p>Contact (to be made by student PRIOR to service) Contact Principal John Franceschini johnfranceschini@quincypublicschools.com</p> <p><u>Also, participate in the 5K Fun Run/Walk – stay tuned for date!</u></p>
	<p>This Star Won't Go Out is making a difference in the lives of children with cancer. Volunteers are needed to help with our annual Shine Under the Stars Gala (June) and Esther Day (August). But we can use volunteer help year-round for office tasks such as sending out personalized thank you cards, filing and organizing. Another option is joining Team Awesome, or hosting your own fundraiser!</p> <p>Visit www.tswgo.org, or write info@tswgo.org for more information</p>
	<p>Teens looking to complete their volunteer hours can sign up at the library to be part of our Teen Advisory Board. For details visit http://thomascranelibrary.org/teen/volunteer or see Young Adult/Teen Librarian Kerri Darcy (kdarcy@ocln.org)</p>
<p>TOWN BROOK SMELT COUNTING</p>	<p>Citizen-scientist volunteers are needed to monitor the smelt population at Quincy's Town Brook.</p> <p>Work with leadership of Quincy Environmental Network and Conservation Committee members of the Wollaston Garden Club.</p> <p>Monitoring begins in March. Visit townbrook.org for details. See Ms. Ginty at NQHS or Ms. Coady at QHS for details.</p>

<p>Walk for Hunger (Project Bread)</p> 	<p>Thank you to all who participated in 2019! It was another stellar outpouring of support for Project Bread!</p> <p>Stay tuned for May, 2020 date!</p>
<p>Wollaston Beach Clean-Up (Green Apple Day of Service)</p>	<p>Join QHS's Sustainability Club – THE GREEN TEAM – as they “Help Save the Beach!”</p> <p>Stay tuned for dates!</p> <p>See Community Service Advisors for more details or Ms. Hsu at QHS.</p>
<p>WOLLASTON ELEMENTARY SCHOOL</p> 	<p>Wollaston's Annual Harvest Festival is Saturday, October 12, 11am-3pm. Volunteers are needed from 9:00-4:00.</p>
 <p>25 Beach Street Dorchester, MA 02122 (just over the Neponset Bridge)</p>	<p><i>“It is the mission of WORK Inc. to ensure that all individuals with disabilities have the ability to grow, the right to make choices, access to education, and the opportunity to participate in community life via meaningful work”</i></p> <p>For opportunities contact: Amanda Bernasconi at 617-691-1555 if interested.</p>
<p>United First Parish Church Church of the Presidents 1306 Hancock Street Quincy</p>	<p>Our Church of the Presidents needs tour guide apprentices during the summer. Commitment traditionally is 1 day a week (3 hours) for 5-7 weeks. Flexibility is there for you to choose the hours that work best for you.</p> <p>Also, during the summer the Church commemorates John Quincy Adams's birthday on July 11th. Volunteers for the day are also needed.</p> <p>For further details, contact Bob Damon via phone at 617-631-2879 or via email at visitorsprogram@ufpc.org</p>
<p>YMCA QUINCY</p> 	<p>Volunteer opportunities in a variety of areas: Youth & Family Programs, Sports & Recreation, Aquatics, Facilities/Maintenance, Special Events, and more!</p> <p>To apply, go to www.ssymca.org Click on “Give Back” then “Volunteer” to search for current openings and fill out an online application.</p> <p>For more information, contact: Eric Abboud at eabboud@ssymca.org</p> <p>Run the Y's Frozen 5K in January! Date coming soon.</p>
<p>YMCA CHINATOWN</p> 	<p><u>Chinatown Location, 8 Oak Street W, Boston, MA 02116</u></p> <p>TEEN LEADERS CLUB Develop leadership skills, make new friends, help others by volunteering in the Y and community. Fridays 5:30 – 6:30 PM</p> <p>GENERAL YOUTH VOLUNTEER For youth not interested in a specific program, volunteer on a schedule and department of your choosing. Space limited. Contact: Wendy Jamsri at 617-901-6168</p>

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